



Tri

Ye Olde TOWNSMAN Valley

"The Best Journal Published by a Dam Site!"

VOL. 6 NO. 14 GRAHAMSVILLE, NY 12740

APRIL 8, 2010

FIFTY CENTS

APRIL 5TH THROUGH APRIL 9TH PROCLAIMED AS PUBLIC HEALTH WEEK IN SULLIVAN COUNTY

Legislature Chairman Jonathan F. Rouis has proclaimed April 5th through April 9th as Public Health Week in Sullivan County, as part of National Public Health Week. The theme this year is "A Healthier America, One Community at a Time".

Sullivan County Public Health Services is sponsoring the following activities in honor of this week:

"In step with our "Eat Healthy. Move More" campaign, we are trading our Department's soda machine for a machine which offers 100% fruit juice and water. We encourage businesses to help their employees to make healthier choices by doing the same," said Carol S. Ryan, Director of Public Health Services. (Contd. Pg. 4)

CORNELL COOPERATIVE EXTENSION SULLIVAN COUNTY WELCOMES ALL ARTISTS AND CREATIVE FOLKS

Coming this May 1st ~ Mark your Calendar!!

CCE and Delaware Valley Arts Alliance have joined forces and will be offering a creative workshop in printmaking. Professional artist Lisa Zukowski will be teaching a full day workshop on May 1st ~ 9:30 a.m. -3:30 p.m. A fee of \$60.00 will cover all your materials and instruction. You can check out Lisa's work and credentials at www.lisaz.com. (Contd. Pg. 3)

JEFF BANK 2011 PHOTO CALENDAR CONTEST - Deadline April 16

Announcing the Jeff Bank 2011 Photo Calendar Contest - Jeff Bank is seeking photographers interested in submitting up to 4 color images

(preferably depicting the four seasons) for their 2011 Calendar. Organized by the Catskill Art Society, the theme of the contest is the Four

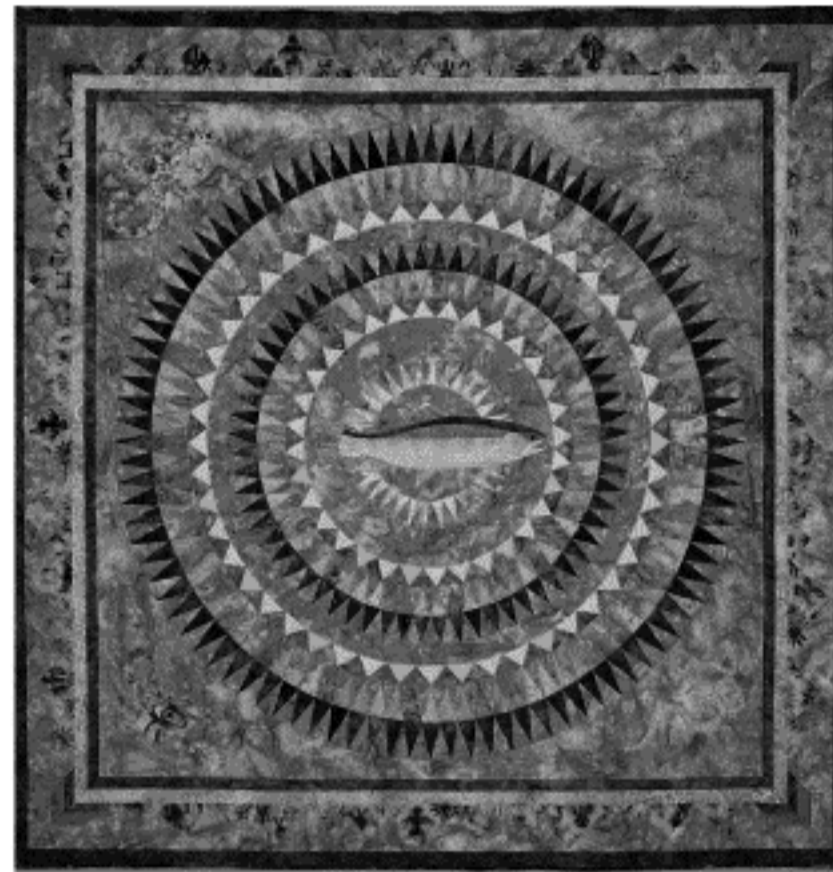
Seasons of Nature & Landscapes in Sullivan County, NY. Contest entry dates are from February 6 - April 16, 2010. All entries must have a completed application form (available at all Jeff Bank branches, online at www.jeffbank.com or by contacting Kathryn@catskillartsociety.org), a maximum of four images in digital, horizontal JPEG format with the largest file size available (preferably 16M or larger) on CD. There is a contest entry fee of \$5 payable to CAS. All entries must be delivered to CAS, 48 Main Street, Livingston Manor, NY by April 16th or send by post to CAS, PO Box 991, Livingston Manor, NY 12758. Please note that this is not a postmark deadline.

This initiative was created by Jeff Bank to support CAS and the Arts Community. If you have any further questions please contact Kathryn at 845-436-4227 or Kathryn@catskillartsociety.org.

MARGARETVILLE PHOTOGRAPHER EXHIBITS AT CWC

A eclectic exhibition of 25 photographs by a Margaretville lens master are on view at the Catskill Watershed Corporation's office, 905 Main Street, Margaretville, through June 1. The exhibit can be viewed during regular business hours, Monday through Friday, 8 a.m. to 4:30 p.m. (Contd. Pg 8)

"THE GREAT OUTDOORS" - QUILTS CELEBRATING NATURE



The center section of "Apache Trout", a 88" x 88" quilt by Susan Balch of Reading, VT

On Sunday April 11th, Morgan Outdoors will unveil its fourth annual "The Great Outdoors - Quilts Celebrating Nature" show at 46 Main Street, Livingston Manor, NY. The public is invited to the Opening Reception on April 11h from 1-3 PM. Come meet the quilt artists and see the world through their eyes. There's a child-friendly "Eye Spy" game and playful, colorful quilts that make this a wonderful family experience. "The Great Outdoors - Quilts Celebrating Nature" will be on display from April 11 - May 2, 2010. (Contd. Pg. 8)

COMPUTERIZED MACHINING AND METAL WORKING PROGRAM AT BOCES OPENS DOORS FOR STUDENTS



Computerized machining students from the Sullivan County BOCES Career and Technical Education Program had the opportunity to visit with industry tradesmen, Marty McGill, Haas Technical Education Center (HTEC) and Allendale Machinery and the crew at Orange County Choppers to learn what the Machining Industry has to offer.

For more information about the Computerized Machining and Metal Working Program at BOCES please log onto www.scboces.org call (845) 295-415

SHARE YOUR HISTORY DAY

SHARE YOUR HISTORY DAY will be held on Sunday, April 11, 2010 from 2 p.m. to 4 p.m. at the Neversink Town Hall on Rt. 55 in Grahamsville, Sullivan County. Sponsored by the Time and the Valleys Museum and the Town of Neversink, the Museum is seeking old photos, artifacts and interesting stories of the Rondout and Neversink watershed areas, to include in a new exhibition to be installed in the Museum's wing of the Daniel Pierce Library addition. (Contd. Pg. 3)

"OLD STONE HOUSE" GALLERY INVITES ARTISTS TO DISPLAY WORK

The Old Stone House -- the historic art gallery and community center in Hasbrouck, NY -- has issued its first "Public Art Invitation" to artists wishing to display their works this year.

With two fabulous gallery rooms available, the Old Stone House is perfect for artists working with oils, water colors, and other media suitable for wall hanging. Photographers also find the space ideal. Individual pieces can be as large as six feet high and ten feet wide. Sculptors providing their own display arrangements, such as tables and pedestals, are also welcome to participate. (Contd. Pg. 3)

CAS ARTS CENTER -MUSICAL PERFORMANCE: ELECTRIC JUNKYARD GAMELAN

Friday, April 23 at 7:30pm - TERRY DAME'S ELECTRIC JUNKYARD GAMELAN - The CAS Arts Center proudly presents Terry Dame & Electric Junkyard Gamelan who play original groove driven music on invented musical instruments, many fashioned from recycled objects. Hypnotizing melodies, syncopated strings, funky bass lines and layers of interlocking rhythms are played on Dame's own musical contraptions such as the Rubarp, Kachapitar, Terraphone and Clayrimba. This event is an aural and visual feast for all ages. Come join Electric Junkyard Gamelan as they ReUse, ReCycle and Rock you with a special Earth Day celebratory performance. Admission is \$10 for CAS members and \$12 for non-members. Seating will be first come, first served with doors opening at 7:00pm. The CAS Arts Center is fully wheel chair accessible.

SULLIVAN COUNTY DRAMATIC WORKSHOP ANNOUNCES AUDITIONS FOR "ONE FLEW OVER THE CUCKOO'S NEST"

"One Flew Over The Cuckoo's Nest" directed by Sally Gladden, with [roduction dates: July 2,3,4,9,10,11

Auditions will be held on Sunday, April 11th 11-2 and Wednesday, April 14th 6:30-9 at the Rivoli Theatre, S. Fallsburg

A boisterous, brawling, fun-loving rebel, R.P. McMurphy, swaggers into a mental hospital and takes over. A lusty, life-affirming fighter, McMurphy rallies the other patients and challenges the dictatorship of the Big Nurse. This defiance soon develops into an all-out war between the two relentless opponents. Funny, shocking and profoundly moving, the play is one of the classics of American drama. (Contd. Pg. 4)

YE OLDE TRI-VALLEY TOWNSMAN
OFFICIAL NEWSPAPER FOR THE TOWN OF
DENNING AND THE TOWN OF NEVERSINK

Ye Olde Tri-Valley Townsman (USPS #009 398 - ISSN 1558-9013) is published weekly except Thanksgiving, Christmas and New Year's week for \$22.00 per year by Gnome Home, Inc.. Periodical postage paid at Grahamsville, NY. POSTMASTER: Send change of address to:

The Townsman • P.O. Box 232 • Grahamsville, NY 12740
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DAYS OF 'YORE' - Barbara Slater
GETTING IN TOUCH WITH NATURE - Peggy DeWire
COLUMNIST/TYPIST - Karen Curry
LEGALS - Gloria Beavers
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POLICY ON SUBMISSIONS AND LETTERS TO THE EDITORS:

1. **ALL submissions** should be typewritten or printed legibly.
2. Letters should contain no more than 300 words.
3. Letters should offer worthwhile comments and avoid libel or bad taste.
4. Letters must be signed with the writer's own name. No letter will be published without a signature.
5. The writer must provide his/her full name, address and telephone number (for verification). This information will be kept on file in the YE OLDE TRI-VALLEY TOWNSMAN office.
6. Copies of letters or third-party letters will not be accepted.

Opinions expressed in Ye Olde Tri-Valley Townsman belong to the writers and are not necessarily the viewpoint of Ye Olde Tri-Valley Townsman or its staff.

To renew or receive a new subscription to the TOWNSMAN, please fill out the form below. Mail form to the address above or place in the TOWNSMAN drop box located on the porch of the First Aid Building in Grahamsville. Make checks payable to: *Ye Olde Tri-Valley Townsman*

NAME _____

ADDRESS _____

PHONE _____

SUBSCRIPTIONS: \$22.00 PER YEAR

NEW _____ RENEWAL/DATE EXP. _____ Check # _____

Subscription renewals must be received by the last Saturday of the month preceding subscription renewal date to avoid interruption of the paper or renewal notices.

A change of address must be received a month prior to change in order to make the necessary changes in our computer. All changes of address, whether seasonal or permanent, are the responsibility of the subscriber.

ADVERTISING DEADLINE:

3:00 P.M. FRIDAYS • FIRM - Drop Box, FAX, Mail or Email

WEEKLY ADVERTISING RATES

- Classified ads - \$5.00 for the first 20 words and 15 cents each additional word.
1" Boxed ad (1" x 3") - \$5.00 per week (\$1.67/col in)
Business card ad (2" x 3") - \$10.00 per week (\$1.67/col in)
(3" x 4") - \$20.00 per week (\$1.67/col in)
(3" x 6") - \$30.00 (\$1.67/col in)
(4" x 6") - \$40.00 (\$1.67/col in)
1/4 pg (5" x 7") - \$58 (\$1.67/col in)
(6" x 8") - \$80.00 (\$1.67/col in)
1/2 pg (7" x 10") - \$115 (\$1.67/col in)
(Full page - 10" x 14") - (\$1.67/col in) \$230 B/W
(Full back page - 10" x 14") - \$300 B/W

Rates are based on B/W Camera-ready copy. All other display advertising will be based upon \$2.50 per column inch. Guaranteed placement is available for a 25% surcharge on a first-come, first-served basis on all pages except the front page, page 2 & page 3. All advertising must be pre-paid unless other arrangements have been made.

All inserts/fliers must be pre-paid. Please send the correct amount of money along with **1,000 copies** of your flyer. If the insert/flyer is printed only on one side the rate is \$17.00 per week. If the insert/flyer is printed on both sides, the rate is \$32.00 per week. The customer must provide the correct number of pre-printed flyers. If you wish *Ye Olde Tri-Valley Townsman* to print the flyers the charge for a one-sided flyer based on 1,000 copies will be \$70.00. If both sides of the flyer are to be printed the charge based on **1,000 copies** will be \$125.00.

Deadline for all submissions is 3:00 p.m. Friday. NO EXCEPTIONS

If you are submitting your advertising by email, our email address is: tvtownsman@yahoo.com If you do choose to send ad copy via the internet please send it in either PDF (Acrobat) files or JPG format. All press releases/articles should be sent as Microsoft Word Documents (**Word Document with an extension of .doc**).

Have a question- please call: Linda Comando (845) 985-0501.
As always, thank you for your support.

Ye Olde Tri-Valley Townsman
P O Box 232
Grahamsville, NY 12740

Email: tvtownsman@yahoo.com

Ye Olde Tri-Valley Townsman on-line: <http://thetownsman.com>

ON THE FRONT BURNER : For I know that my redeemer liveth, and that he shall stand at the latter day upon the earth.

Job 20:25

THANK YOU

To my Family, The Townsman crew, Pastor Bob and all my wonderful friends.

Thank you so much for the beautiful flowers, cards, prayers and phone calls of encouragement. I am home and coming along very nicely. I am so "Blessed" to have you in my circle.
Barbara Barkley

DAYS OF YORE....

Today's History

April 5, 1950 - Mr. and Mrs. Chester Hornbeck of Sundown will celebrate their sixtieth wedding anniversary on Sunday, April 16th. They expect to have a family dinner and then hold an open house from two to five in the afternoon. Mr. and Mrs. Hornbeck have two daughters, Mrs. Floyd Burch of Sundown and Mrs. Ira Ter Bush of Newburgh; and one son, Mr. Ralph Hornbeck of Grahamsville.

If you, too, have seen flying saucers, don't think your eyes are playing tricks or that you are having nightmares from constantly reading and hearing about them. The maple syrup makers report that great numbers of their bucket lids have disappeared in the high winds, sailing off through the air for long distances. Thorvald Carlsen reports 21 are still missing and last reports are still coming in.

Mr. Preston Kortright was best man and Mrs. Preston Kortright bridesmaid at the wedding of her sister, Miss Grace Hunter of Liberty and Mr. Edwin Loomis of Hamilton on Wednesday of last week.

A petition is being circulated in this area to centralize the Yeagerville School District with Ellenville. This is a serious step and should be completely investigated by all who pay taxes.

The Merriman Dam nears completion as contractors resume work after the seasonal letdown. The S.A. Healy Co. has been conducting limited operations at Lackawack during the winter and with the improved weather, work is resuming at an increased pace.

April 6, 1960 - Mr. and Mrs. John Dill of Woodbourne are the proud parents of a daughter, Constance Marie, born at Maimonides Hospital, Liberty on Tuesday evening, March 29th. She weighed in at 6 lbs. 8 oz. The maternal grandparents are Mr. and Mrs. Frank Shannon of the Bronx, formerly of Neversink. The paternal grandparents are Mr. and Mrs. Howard Dill of Woodbourne.

Mr. Harvey Slater celebrated his birthday on March 18th and Michael Currey celebrated his birthday last Sunday.

A fire on Wildman Hill Rd. at the Cummings place on Thursday of last week was soon put out by the Grahamsville and Claryville Fire Departments. The fire started in the chimney of a small summer house. Zip from Grahamsville reported

the fire to the Denning Highway crew who phoned in to the Fire Department. Damage from the fire was slight.

At Frost Valley and the Wildcat, the ground is still under its winter blanket of snow, in some places thirty inches deep. The snow has made the maple syrup gathering almost an impossibility. Two optimistic souls however, hung out their buckets last week. All reports indicate there will be very little syrup made around here this year.

April 8, 1970 - At the last meeting of the Grahamsville Fire Company, held on Monday, March 30th, it was made known that sometime during the previous week; the firehouse had been broken into. Several miscellaneous items from the upstairs meeting area were stolen and an inventory is underway to ascertain any further theft or damage.

The spring rain on Tuesday, April 3rd, left about three feet of water on the road above the "Y" in Frost Valley and traffic was unable to travel the road until the water receded.

Trout season opened and the first catch, a 12-incher, was taken by young Floyd VanWagner. A 14-incher was caught by Irv. Buley in the afternoon.

The high winds that blew last week really did some damage - a trailer on Rocky Hill was blown off its foundation and the posts that held the patio covering, even though they were set in cement, were ripped out of the ground and thrown over the trailer to land some distance in the field. Mr. Ralph Hornbeck was standing not too far from the trailer when the wind came and he had to lay flat on the ground or he would have been caught up into it. The posts that were picked up by the wind landed not too far from where he was.

April 3, 1980 - The *Townsman* printing office has been relocated as of April 1st. Formerly, our office was located in the back of the Sullivan County National Bank building in Grahamsville. The bank plans to renovate the inside of their building and was forced to ask The Townsman to find a new home. The new location will be in the small back room of the First Aid Squad building for a probationary period of six months after agreement of certain terms.

A party was held on Saturday, March 22nd at the Grahamsville Fire House to thank leaders James Rennison, Bob Costigan and Ziggy Hajek for their dedication to the scouts of Troop 187 for the last 10 years.

Last Wednesday, the Ladies Quilting Circle who have been meeting at the Hamilton home in Neversink, surprised Lena Slater with a cake and ice cream birthday party during their quilting ses-

sion. Lena's actual birthday was March 23rd.

THE ZOMBEAN COFFEE HOUSE WILL BE WAKING THE DEAD!

The Zombean is an eclectic combination of Zombies coffee, good food and a great friendly atmosphere. If the horror fan in you beckons or a coffee fiend possess your taste buds, this is the place to relax and enjoy.

The Zombean is a *Shaun of the Dead* fans dream-made reality. The coffee can bring even the most undead soul back to life. If it's a deal you are after, you will fall to pieces over their toe tag special: Buy seven coffees, get your eighth for free, and you don't even have to sign your soul away! Leave your stakes and holy water at home and kick back and rest in peace in their laid-back gothic environment-Boom stick included. Now open and ready to receive hordes of creatures of the night.

The grand opening for this house of horrors and treats will be Saturday, May 1, 2010 beginning at 12 noon. The *Zombean* is located at 116 Mill Street, Liberty, NY and will be open Thursdays-Mondays from 12 noon to 12 midnight.

FREE CLASSES EXPLAIN SEPTIC BASICS FOR HOMEOWNERS

The Catskill Watershed Corporation will conduct free classes this month in Hamden and Gilboa on septic system operation and maintenance.

"Your Septic System: What Every Homeowner Should Know" will be offered at 10 a.m. on Saturday, Apr. 17 at Hamden Town Hall, Route 10, Hamden; and Saturday, Apr. 24 at Gilboa Town Hall, Route 990V, Gilboa, Schoharie County.

Pre-registration is not required. A free water saving kit will be provided for each household attending the class. For more information, call the CWC at 845-586-1400.

The class includes a slide program covering types of systems and how they work; basic biology and soil filtration concepts of wastewater treatment; health and environment effects that can result from failed septic systems; roles and responsibilities of homeowners, regulators, engineers and contractors; basic maintenance requirements of septic system components; how to protect against inflow and infiltration; the case against septic system additives, and troubleshooting when problems develop.

CWC programs and projects are explained on the corporation's web site: www.cwconline.org. Inquiries are welcome Monday through Friday from 8 a.m. to 4:30 p.m. at the CWC's offices on upper Main Street, Margaretville, Delaware County, and over the toll-free line, 877-WAT-SHED (877-928-7433).

HERE AND THERE

We're away for the holiday weekend. We'll talk to you next week.
Have a good week. (pah)

NEVERSINK NEWS - Hulda Vernooy

No news this week. Have a good week and God Bless.
(Call Hulda at 985-2268 with your Neversink news.)

SHARE YOUR HISTORY DAY (From Pg. 1)

Photos and artifacts can be donated, placed on loan or scanned and photographed while you wait and returned to you. "We hope many people come down and share their family's unique history. Joined together, they will give a better picture of the history of the watershed areas," says Donna Steffens, Director of the Museum. "We want this exciting new exhibition to reflect the past of the whole community".

The program is free and open to all. ANYONE with history to share is encouraged to attend. Please come down and share your treasures to help build a great exhibition! For more information call 845 985-2262 x 313 or historian@townofneversink.org.

The Time and the Valleys Museum is a living and interactive resource that preserves the past, educates the present and ensures the uniqueness of the Rondout and Neversink watersheds for all generations. Currently located in the Neversink Town Hall, the Museum provides educational programming for the public and is actively raising funds to install exhibitions in the Museum's future home, co-located in the new addition to the Daniel Pierce Library.

"OLD STONE HOUSE" GALLERY INVITES ARTISTS TO DISPLAY WORK

(From Pg. 1)

For the past several years, the facility has hosted works by scores of highly regarded local and regional artists, usually on a rotating monthly calendar. Artists may sell their works at whatever prices they set, and a small percentage of all sales revert to the Old Stone House itself for maintenance and upkeep.

Several month-long openings have been kept available this year so that previously under-recognized artists could benefit from an opportunity to show (and sell) their work to a larger audience.

The Old Stone House imposes surprisingly few requirements on its displaying artists. If not already a member of the facility, an artist must pay a \$20 annual membership fee. Exhibitors are expected to host an opening-day reception, and arrange weekend display hours for the duration of a show. They are also responsible for hanging their own art, generating their own publicity, and removing any unsold art afterwards.

For general information about the Old Stone House, visit their website at www.oldstonehouse.catskill-life.com.

To learn more about the "Public Art Invitation" and to reserve an opening for this calendar year, call Constance Slater at 845-436-6309.

CORNELL COOPERATIVE EXTENSION SULLIVAN COUNTY WELCOMES ALL ARTISTS AND CREATIVE FOLKS (From Pg. 1)

Learn how simply beautiful prints can be created without using a press. This workshop introduces the participant to the technique of gelatin plate monotype printing. A fast, fun and easy method of printmaking, gelatin plate monotypes require no press. Using water-based media on a matrix of gelatin, prints can be produced that resemble several traditional printmaking techniques. Workshop participants will be introduced to some of the many methods of printing from gelatin plates, including working with stencils, direct painting, working with textured and natural materials, multiple stage printing, and more. Participants will also explore offsetting to the gelatin from an existing relief or intaglio plate, printing on fabric and canvas, and ways of incorporating their monotypes into mixed media works. All levels are welcome, beginner to expert! Come be creative and enjoy! For more info: call Linda 292-5250. Class size is limited. Pre-registration is a must!

This project is made possible in part with funds from the 2010 Decentralization Program, a re-grant program of New York State Council on the Arts, administered in Sullivan County by Delaware Valley Arts Alliance.

COUNTY REMINDS RESIDENTS TO COMPLETE AND RETURN 2010 CENSUS FORMS

County Manager David P Fanslau issued the following statement on the 2010 census process: "Sullivan County residents are reminded to be counted on Thursday, April 1, 2010, by completing the forms for the 2010 census from the federal government," said Fanslau.

"It is essential that ALL Sullivan County residents are counted in the 2010 census. The census data is used to determine eligibility for grants from the federal government, appropriate representation in the U.S. Congress, and a host of other uses that will benefit Sullivan County for the next decade," said Fanslau.

"The failure to be counted in the 2010 census will shortchange Sullivan County, and may be the difference in whether federal funding is received in Sullivan County, or sent elsewhere in New York State or the country," added Fanslau.

"The 2010 census forms require that all persons are counted at the address where they reside as of April 1, 2010. On behalf of the County Legislature, I implore each and every resident to complete and return the 2010 census forms that they have received as soon as possible," concluded Fanslau.

SULLIVAN ARC AND SULLIVAN RENAISSANCE HOST 2ND ANNUAL GARDEN TOUR

If you are like many Sullivan County homeowners, you spend hours cultivating your garden and landscaping your yard to make just that special outdoor environment that is truly an expression of yourself. Now, you are invited to show off the creative results in your garden by nominating it to be part of the 2nd Annual Sullivan County Garden Tour.

The tour takes place on Saturday, July 10, co-sponsored by SullivanArc and Sullivan Renaissance, as a benefit for SullivanArc's horticulture program, which allows people with developmental disabilities to build, plant and harvest their own vegetables.

Each garden is unique - whether it is a wild flower garden, shade garden, traditional garden or a one-of-a-kind rustic environment. The tour will select fewer than a dozen private gardens for viewing to help inspire other gardeners, share ideas and to allow others to enjoy their beauty.

If you live in Sullivan County and would like to offer your garden as part of this special tour, contact Kathleen Capozzoli at Sullivan Renaissance at kcapozzoli@sullivanrenaissance.org or 845-295-2452. This year's tour will be oriented toward the western portion of the county, but if you have a garden in another location, feel free to suggest it for a future tour.

Volunteers will be provided to assist at each garden. A limited number of tickets will be sold beginning on May 1. The tour is self-guided with location maps available only on the day of the event.

SullivanArc is a not-for-profit agency dedicated to providing support and services to over 800 individuals with intellectual and/or developmental disabilities and to their families. Sullivan Renaissance is a beautification and community development program principally funded by the Gerry Foundation. Additional sponsorship provided by Key Bank.

VOLS URGED TO CLEAN STREAM BANKS

The Catskill Watershed Corporation (CWC) will once again support groups and individuals who clean litter and other debris from streambanks in their neighborhoods.

Youth and school groups, church organizations, civic and business associations, neighborhood groups and teams of friends are encouraged to scour stream and riversides for trash and to dispose of it properly.

The CWC will provide trash bags, gloves and tokens of appreciation for those who choose to serve their communities in this way. Call Mary Jane Oppenheimer at 845-586-1400 to arrange to get these items.

Volunteers might wish to do a cleanup in observance of Earth Day April 22, or to coordinate their efforts with National Stream Clean-up Days sponsored by Trout Unlimited April 17 or June 26. Those wishing to connect with a local TU group doing a stream cleanup are invited to email Ron Urban at ronsgonefishing@aol.com.

American Rivers is also calling for groups to participate in a National River Cleanup effort this spring. To register your cleanup activity (Next Col.)

and to get more information, go to www.american-rivers.org and click on the "Take Action" tab.

SC PHILATELIC SOCIETY MEETING

The next meeting of the Sullivan County Philatelic Society will be held on Sunday, April 11th, at 1:00 p.m. at the Ted Stroebele Recreation Center, 2 Jefferson Street, Monticello, NY. A twenty-lot stamp auction will be featured. The meeting is open to the general public, as well as collectors and members. We will also have our regular door prizes and giveaways. Refreshments will be served during the meeting. (Contd.Pg. 3) We are also going to start publicizing our upcoming stamp show that will be held in August. It will be a tri-state affair with ten dealers, free admission, USPS special cancel, and giveaways hourly. We will also have many exhibits. Anyone who needs to know what their collection is worth can either attend the stamp show, or call Art at (845) 794-2586.

CLARYVILLE MAY DAY FESTIVAL

On Saturday, May 1st from 10 am to 4 pm join the Claryville May Day Festival for Lunch, Live Music, Local Artists, Craft Vendors, Yard Sale, Cookie Walk. And view our 151 year-old Schoolhouse Museum. Free Admission. Location: Claryville Reformed Church Hall, 946 Claryville Road on Route 19, near Ulster / Sullivan border (5 miles from Curry intersection of Rt. 55). Phone: 845-985-2041.

VIOLETS - PASSWORD TO SPRING

By Peggy DeWire



Have you ever tasted pancakes with violet syrup (faintly grapey-sweet)? A cup of violet tea? A dish of "violet" pudding?

The familiar purple flowers of the Violaceae family mark the coming of spring worldwide with 300 species, of which 100 grow in the United States, equally divided between East and West kinds. They are the state flower of New Jersey, Illinois, Rhode Island and Wisconsin.

Some varieties have white and yellow flowers but purple and blue are the world favorites. Purple violets include the common Meadow or Hooded; blue ones the Bird's foot and Dog. Yellow violets are more plentiful in most Western woodlands than Eastern. Of white violets the Canada species is best known across the U.S. Violets hybridize and change both flower color and leaf shape. Cultivated florist shop violets and pansies descended from a wild European strain, V. tricolor, which are fragrant. People in ancient Rome and medieval Europe crushed the violets and spread them throughout the castle for their fragrance.



Violets are low-growing leafy plants about 6" high with heart-shaped leaves. Some have foliage like Bird's foot which is deeply toothed and others narrow. Leaves are edible raw or cooked and rich in Vitamin C.

In the south, boiled violet greens are called Wild Okra.

Violets have five petals, the wide lower ones form landing platforms with honey guide lines for pollinating insects.

The first showy flowers on long stems are usually sterile but if you look closer you'll see smaller blooms lower down that develop little three-sided capsules like a tri-cornered hat which contain seeds. Winter cold and frost break down the seed husks for spring germination.

A few species of violets bloom both autumn and spring.

When Napoleon was banished to Elba, his parting words were that he'd return with the violets in the spring. His supporters adopted the violet as their secret symbol and password. He re-entered France on March 20, in time for the season and blooming flowers.

LEGAL & PUBLIC NOTICES:**NEVERSINK FIRE DISTRICT****LEGAL NOTICE TO WITHDRAW FUNDS FROM CAPITAL RESERVE ACCOUNT**

NOTICE IS HEREBY GIVEN that the Neversink Fire District Board of Fire Commissioners adopted a resolution at a special meeting held on March 17, 2010 to withdraw an amount not to exceed \$100,000. from the Capital Reserve Account for Equipment for the purchase of a Custom Brush Truck and related equipment.

PLEASE TAKE NOTICE that the withdrawal not to exceed \$100,000. is subject to permissive referendum as required by Section 6-g of the General Municipal Law of the State of New York and the aforesaid resolution of the Neversink Fire District Board of Fire Commissioners, adopted at its March 17, 2010 meeting, shall not take effect until 30 days following the publication of this legal notice.

Kim J. Moore
Neversink Fire District Secretary
Dated: March 19, 2010

3/25; 4/1; 4/8; 4/15/10

**NOTICE:
CONCERNING THE EXAMINATION OF
ASSESSMENT INVENTORY AND VALUATION DATA (Pursuant to Section 501 of the Real Property Tax Law)**

Notice is hereby given that assessment inventory and valuation data is available for examination and review. This data is the information which will be used to establish the assessment of each parcel, and which will appear on the tentative assessment roll of the Town of Denning, which will be filed on or about May 1st, 2010. The information may be reviewed in the Assessor's Office at the Denning Town Hall, 1567 Denning Road, Claryville, New York, 12725 during regular business hours. An appointment to review the assessment information may be made by telephoning the Assessor at 845-626-4342.

Michael B. Sommer
Sole Assessor for the Town of Denning
4/8/10; 4/15/10

**APRIL 5TH THROUGH APRIL 9TH
PROCLAIMED AS PUBLIC HEALTH
WEEK IN SULLIVAN COUNTY (From Pg 1)**

"Each day during Public Health Week, from Monday April 5 through Friday April 9, from 9 AM to 1 PM, community members are invited to stop in at the Sullivan County Public Health Services Liberty office on 50 Community Lane, no appointment necessary, and meet with a Public Health Nurse," said Rouis. "The Nurse can check their pulse and blood pressure and answer questions about how to stay safe and healthy. Questions about immunizations, exercise, medications, diet, and safety during emergencies, stopping smoking or other health issues are encouraged," added Ryan.

In addition to the WIC services at Public Health Services Monticello satellite site Monday and Tuesday and at the Liberty office Wednesday through Friday, the regular evening immunization clinic will be held on Wednesday, April 7 from 5 PM to 7 PM during this week.

"The public, as always, should feel free to call Public Health Services at 845-292-5910 with any of their questions and to let them know what Public Health Services can do for them," concluded Rouis.

**SC DRAMATIC WORKSHOP AUDITIONS
FOR "ONE FLEW OVER THE CUCKOO'S
NEST" (From Pg. 1)**

Cast needed for "One Flew Over the Cuckoo's Nest":

Randle P. McMurphy: 30-50, shaggy, devilish, extreme extrovert; a very physical role

Chief "Broom" Bromden: 30-45, A huge, bull-muscled Indian, pretends to be catatonic, narrator of the play

Aide Warren : male, any age
Aide Williams: male, any age

Nurse Ratched: female, 40's, oddly perfect, Charge Nurse of the ward, cool, detached

Nurse Flinn: female, 25-40, vapid, nervous
Dale Harding: male, 35-50, de facto Head of Patient's committee, effete

Billy Bibbit: male, almost 30 but appears more like a boy, insecure stutterer

Scanlon: male, any age, works on building a bomb

Cheswick: male, any age, truculent and cringing
Martini: male, any age, eager, bright-eyed, hyperactive, suffers from hallucinations

Ruckley: male, any age, a "chronic", victim of a lobotomy (no one home); one line repeated over and over

Dr. Spivey : male or female, over-worked resident psychiatrist, passive

Aide Turkle: any age, drunken night aide
Candy Starr: 20's, McMurphy's girlfriend, enjoys a good time, loose

Sandra: 20's, loose, fun-loving

Questions? call Sally Gladden 434-0209 or email: mamarose122041@hotmail.com

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**SULLIVAN COUNTY LAUNCHES
REDESIGNED WEB SITE**

Sullivan County Manager, David P. Fanslau, today announced the launch of the County of Sullivan's newly redesigned website, giving county residents greater access to their county government. Developed, designed and maintained by the Management Information Systems (MIS) Department, www.co.sullivan.ny.us offers new features and services for residents, businesses and visitors.

"This redesigned website will also link to the County's economic development partner agencies, the Sullivan County Visitors Association, the Partnership for Economic Development, the Sullivan County Chamber of Commerce, the Sullivan County I.D.A., and the Center for Workforce Development," said Jonathan F. Rouis, Chairman of the County Legislature. "The eventual linking to the economic development partner agencies will provide a virtual one-stop shop to assist with the county's economic recovery and economic growth," added Rouis.

"Some of the most significant new features are the improvements made to site navigation and appearance. Visitors can now more easily locate information and move from page to page throughout every County department within a consistent, professional format," said Jodi I. Goodman, Chair of the Management and Budget Committee. "In addition, the County has updated the site with new content, faster search capability and greater speed to press," added Goodman.

Long standing popular features remain such as all monthly Legislative meeting agendas and minutes in Adobe PDF format, ensuring compatibility for all visitors to our County's site. Real-time parcel data has recently been enhanced as well to reflect the efforts of the Real Property Tax Services digitized tax map project. In Personnel Office, the civil service exam announcement pages have been enhanced to reflect real-time updates rather than the daily evening updates previously in place.

The County's CIO, Lorne Green, commended his staff for all of their hard work in developing the new web site and is committed to continue the process of making more of the county's information available via the Internet. "Our long term goal is to eliminate the need for our County residents to be forced to visit County offices for answers to basic questions or to pick up standard forms or applications" said Mr. Green. He added, "We hope to have these items available on our web site for people to obtain from the convenience of their own homes any time of day or night. (Next Col.)

"The redesign offers residents a new level of convenience when accessing information and services from their county government," said Fanslau. "The new website is the product of months of careful planning and design by the MIS staff in cooperation with each county department. The result is a modern website that is user friendly, updated and accurately communicates the best of the County of Sullivan to everyone who discovers our county through the Internet, Fanslau concluded.

For more information about this press release, please contact David Fanslau, County Manager, at 845-807-0450.

**BEEF FIELD DAY ON APRIL 17, 2010 IN
JEFFERSONVILLE**

The Gempler Farm in Jeffersonville, NY will host a beef field day April 17, 2010 from 9:30 am to 1:00 pm sponsored by Cornell Cooperative Extension of Sullivan County. Dr. Michael Baker, Cornell Beef Specialist, and Dr. Joe Nebzydoski, Youngsville Animal Clinic, will demonstrate beef handling techniques and meat quality principles for cattle. Producers will be updated on breeding and genetics for market as well as animal health products and their proper use. This training will qualify for the Mid-Atlantic Beef Quality Assurance Program Chuteside Training.

Registration is requested by Wednesday, April 14, 2010. The fee is waived due to sponsorship from Northeast SARE and New York Farm Viability Institute. For registration information call 845-292-6180 or e-mail Linda Schwartz at lds82@cornell.edu.

Cornell Cooperative Extension of Sullivan County provides equal program and employment opportunities. Accommodations for people with disabilities or financial needs may be requested by calling 845-292-6180 by April 9, 2009. Requests after that date will be met when possible.

**"THE BEST OF FRIENDS" AT UNISON
ARTS CENTER BENEFITS THE ULSTER
COUNTY SPCA**

An evening of stories, poems and reminiscences about the wonderful relationship between people and dogs will be presented at the Unison Arts Center in New Paltz, NY on April 23rd as a benefit for the Ulster County SPCA. This exclusive presentation, by the Snakeland Players and Mohonk Mountain Stage Company, promises to be an enjoyable event for all dog lovers - with cat people welcome too! The Best of Friends performance begins at 8PM with \$15 admission at the door. Cash and checks accepted. Refreshments will be served by the Mid Hudson Vegetarian Society. The Unison Arts Center is located at 68 Mountain Rest Rd. New Paltz, NY. For more information about this event, call Brian Shapiro at 331-5377 X211.

The UCSPCA is a private, nonprofit organization dedicated to preventing cruelty to animals in Ulster County. Donations may be sent to UCSPCA 20 Wiedy Rd. Kingston, NY 12401.

**APRIL IS NATIONAL PET FIRST AID
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April is the perfect month to treat yourself and your pet to a gift that could help save its life--a pet first aid class for you and a pet first aid kit for your furry friend from the American Red Cross in Greater New York (ARC/GNY).

Why is it important to learn pet first aid techniques? Red Cross Pet First Aid instructor Brian Moreland says, "Administering basic pet first aid techniques can be the difference between life and death when a cat or dog is in need of emergency care. Many of us realize the critical nature of human life-saving techniques, and we just need to be reminded that the same is true for our pets." Class and Product Highlights - First Aid for Cats and Dogs


Learn how to recognize and respond to life-threatening conditions at this valuable course given by the American Red Cross in Greater New York.

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(Contd. Pg. 7)

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UC EXECUTIVE MIKE HEIN REQUESTS COUNTY COMPTROLLER TO CONDUCT A COMPREHENSIVE REVIEW OF DEPT OF SOCIAL SERVICES BILLING PAYMENT PRACTICES
In a recent letter to Ulster County Comptroller Elliot Auerback, County Executive Mike Hein has requested that a comprehensive review be conducted of the Department of Social Service's billing payment practices surrounding Ulster County's Safety Net Program as it applies to the City of Kingston and surrounding communities in the 12401 zip code
Apparently questions have arisen regarding the accuracy of those payments and associated billing.
Hein stressed the importance of working together to ensure that all charges are being calculated and allocated fairly.

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RED CROSS(From Pg. 4)

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NOTE: Interviews available with American Red Cross in Greater NY Pet Safety Experts

About The American Red Cross in Greater New York

The American Red Cross in Greater New York (ARC/GNY) is a key humanitarian partner and a vital participant in New York's plans and programs to help over nine million people in New York City and Orange, Putnam, Rockland and Sullivan counties prevent, prepare for and respond to emergencies. The Chapter responds to an average of 7 emergencies a day-fires, floods, building collapses-and provides immediate humanitarian aid to as many as 100,000 people affected by these emergencies each year. Additionally, ARC/GNY helps New York residents and businesses prepare for emergencies by offering hundreds of life-saving courses and emergency preparedness training programs and resources.

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"THE GREAT OUTDOORS" - QUILTS CELEBRATING NATURE (From Pg. 1)

Each quilter, including Katharina Litchman of White Sulphur Springs, Sally Abrams and Linda Horak of Livingston Manor, and Carolyn Egan of Damascus, PA, wrote a personal statement describing the inspiration for their work so the public can see into their inspiration more fully.

Susan Balch of Reading VT often finds inspiration for her quilts through fly fishing experiences. On a trip to the White Mountains of Arizona, she caught a feisty native fish that is the focus of her quilt entry "Apache Trout." The quilt celebrates the successful effort to restore Apache Trout to their native habitat in the White Mountains. Once near extinction, Apache Trout are now thriving throughout much of their historic range. Susan's quilt also celebrates the native people of the area, who have been instrumental in the successful return of this beautiful fish.

This unique show, curated by talented quilter Sally Abrams, showcases quilts that celebrate the joy in creating from nature's inspiration. The show includes traditional quilt patterns and abstract designs, large and small.

Two additional events that compliment the show are scheduled:

On Saturday April 24th at 4:00pm, Leslie Surprenant, the Invasive Species Management Coordinator from the NYS Dept. of Environmental Conservation, will briefly cover endangered species, then raise our awareness of threats posed by aquatic invasive species and show us how we can keep from spreading them. The program is perfect for fishermen and anyone who enjoys water recreation. The free program, to be held in Morgan Outdoors Catskill Park Room, is open to the public and geared for groups of all ages. If your group is interested in attending, please RSVP to 845/439 5507 to reserve seats.

On Sunday, May 2, the final day of the show, the public is invited to take part in a Trunk Show from 1:00-3:00pm. Each participant will have an opportunity to show off a quilt they've made or inherited to admire the workmanship or pick up techniques from the quilters present.

Morgan Outdoors is located at 46 Main Street, Livingston Manor. For more information, call 845/439 5507. Hours are 10am - 6pm, Mon, Thur, Fri, Sat. and 10-3 Sunday.

MARGARETVILLE PHOTOGRAPHER EXHIBITS AT CWC (From Pg. 1)

The exhibit marks the first time Dr. Kevin Oppenheimer has publicly shown his work, but it will not likely be the last. The photographs are an interesting mix of black and white images of snow, water and ice, and intensely hued close ups of flowers, stunning autumn vistas and other natural scenes.

Dr. Oppenheimer, a veterinarian by profession, is the son and grandson of professional photographers. He became seriously interested in the art form with the advent of digital cameras and computer post-processing techniques.

Most of his works in the CWC exhibit reflect scenes in the Catskills. A native of New Jersey, Dr. Oppenheimer spent many weekends at his family's Margaretville vacation home before moving here permanently in 2002.

The CWC is a non-profit organization based in Margaretville. It is committed to protecting water resources, encouraging environmentally friendly economic development and supporting watershed education in the New York City Watershed West of the Hudson River, a region encompassing parts of five counties - Delaware, Greene, Schoharie, Sullivan and Ulster.

SAFETY EFFORTS EARN SULLIVAN COUNTY BOCES SAFETY EXCELLENCE AWARD

Sullivan County BOCES is one of 112 school districts and Board of Cooperative Educational Services in the state to receive the "2010 School Safety Excellence Award" from the Utica National Insurance Group.

Utica National officials presented the award at its 30th annual school safety seminar, one of seven held in New York State. Utica insures more than 300 school districts in upstate New York for property and liability insurance and is one of the leading companies in the field.

Sullivan County BOCES received a certificate from the insurance company to commemorate the district's safety efforts.

"Safety and health concerns are a priority in our school districts. Whether we are parents seeing our child off on the school bus, teachers charged with the responsibility of educating, or staff who maintain the facility, there is a common thread of attention to safety issues," program initiator and Eastern Regional Office Loss Control Manager James Kristoff said. "It is with great pleasure that we recognize those schools that not only take safety to heart, but go above and beyond to provide a safe, healthy, and focused culture for learning."

Utica National's School Safety Excellence Award Program helps participating schools enhance overall safety through measurable assessment. The program rates BOCES in 11 different categories, from school playground safety to indoor air quality, with specific, quantifiable data-gathering surveys. "The payoff goes beyond recognition - - if our program is followed properly, it should enable schools to pinpoint specific threats to safety," Mr. Kristoff said.

AGRICULTURAL DISTRICT 30 DAY WINDOW OPEN APRIL 1st THROUGH APRIL 30TH

"Sullivan County is accepting applications from property owners seeking to be included in New York State Agricultural Districts 1 and 4, beginning April 1st and ending April 30th," said Luiz C. Aragon, Commissioner of Planning and Environmental Management. During this thirty day window, property owners may request inclusion of their land into the Agricultural Districts, explaining why their land should be included and providing their name, mailing address, telephone number, town and tax parcel numbers.

Parcels to be included must be predominantly viable agricultural land. According to New York State Department of Agriculture and Markets Law, "viable agricultural land" is defined as land highly suitable for agricultural production and which will continue to be economically feasible for such use if real property taxes, farm use restrictions and speculative activities are limited to levels approximating those in commercial agricultural areas not influenced by the proximity of non-agricultural development. Agricultural District 1 encompasses towns in northern and western Sullivan County, and Agricultural District 4 covers the County's eastern and southern towns.

Applications should be submitted to the Sullivan County Agricultural and Farmland Protection Board, in care of the Sullivan County Division of Planning and Environmental Management. The Board will make recommendations to the County Legislature for each request. The County Legislature will hold a public hearing and then vote on the approval of each recommended request. Subsequent to County approval, an updated district map with a report showing the new parcels for inclusion will be submitted to the State Department of Agriculture and Markets for State approval. Upon approval by Agriculture and Markets, each property owner will be notified by mail and the real property tax records for each parcel will be updated. Applicants will receive notification by fall. Interested property owners may obtain an application by calling the Sullivan County Division of Planning and Environmental Management at 845-807-0527.

Agricultural Districts are intended to encourage the continued use of farmland for agricultural production, by protecting farmers from restrictive local laws, providing them with tax incentives, and requiring that governments notify farmers of projects that could adversely affect farmland.

For additional information, please contact Commissioner Aragon at 845-807-0527

AGRICULTURE SECRETARY VILSACK ANNOUNCES THE AVAILABILITY OF FUNDING TO ENHANCE EDUCATION AND HEALTH CARE IN RURAL AREAS

WASHINGTON Agriculture Secretary Tom Vilsack announced last week that funding is available through USDA's Distance Learning and Telemedicine Program (DLT) to increase educational opportunities and expand access to health care

services in rural areas.

"As President Obama said in his State of the Union address, 'In this country, the success of our children cannot depend more on where they live than on their potential,'" said Vilsack. "By providing state-of-the-art telecommunications equipment to link students with teachers and patients with medical professionals, rural Americans, even those living hundreds of miles from a major population center, will have access to the best teachers and the best medical systems."

Since its creation in 1993, the DLT program has invested \$306 million to fund more than 920 projects in 48 states and four territories. Funds may be used to acquire end-user telecommunications equipment such as videoconferencing equipment needed to provide distance learning and telemedicine services to rural communities.

For example, from 2003 to 2008, REACH Montana, - a consortium of healthcare providers - used DLT grants totaling \$787,000 to create a telecommunications network linking area hospitals through live, interactive video technology. The USDA grants helped REACH, which stands for Realizing Education and Community Health, upgrade its telecommunications facilities and connect 15 of its local critical access hospital sites to each other and medical facilities throughout the world. With the REACH network, Montana residents have benefitted from community health education programs, distance education for medical professionals, and variety of clinical services such as orthopedic care, home health monitoring, mental health consultations, wound care management, neurology, burn care, and genetic consultations, CT/MRI and tele-radiology services.

Information on how to apply can be found in the March 19, 2010 Federal Register and the FY 2010 DLT Grant Program Application Guide (<http://www.usda.gov/rus/telecom/dlt/dlt.htm>). Applications must be received by May 18, 2010. Grant awards can range from a minimum of \$50,000 up to a maximum of \$500,000. This is a competitive grant program and funding is contingent upon applicants meeting program eligibility requirements and the conditions of the funding agreement. The funding is from USDA's annual budget and not the American Recovery and Reinvestment Act.

Further information can be obtained by visiting USDA's DLT website at

<http://www.usda.gov/rus/telecom/dlt/dlt.htm>.

USDA is an equal opportunity provider, employer and lender. To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Ave., S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice), or (202) 720-6382 (TDD).

THE WATERVLIT ARSENAL OPENS ITS DOORS TO SC BOCES' COMPUTERIZED MACHINING AND METAL WORKING STUDENTS

In late March, the Watervliet Arsenal hosted for the first time a group of high school students from the Sullivan County BOCES.

The students are currently taking courses in technical education, such as computerized machining and metal working.


For anyone who has recently raised a teenager knows just how hard it is to keep their undivided attention away from cell phones, texting, or from using iPods. But for this visit, the Arsenal accomplished what many parents may have thought was impossible - to have two hours of undivided time of a 16- to 17-year-old youth.

For far too many years, the Arsenal has been one of upstate New York's (Contd. Pg. 9)

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best kept secrets. After all, from the interstate that travels along the eastern edge of the Arsenal, today's drivers see a closed front gate that once had thousands of workers moving through it every day. So, for many folks, their perception was that the Arsenal had closed.

But the Arsenal is not closed and never has been closed at any time since its opening in 1813. But for many, perceptions are facts.

The Arsenal is trying to change those perceptions by slowing expanding access to the Arsenal through community outreach programs, such as those that attempt to help educate students, young and old.

This is not an easy process as all U.S. military installations have enhanced their operational security after the attacks on 9/11. For added force protection, today's Arsenal workers now come to work through a south gate out of view from the interstate, while the front gate remains closed.

But if one could travel into the historic production bays, that some date back to the late 1800s, they would find a high sense of energy of machining, grinding, tooling, and more importantly, personal pride that have resided in the Arsenal for nearly 200 years.

Nevertheless, the Arsenal workers are "quiet" professionals who go about their work, or what some call "their sense of duty," manufacturing products that either enhance the survivability or the lethality of today's Soldiers. And they do so day in and day out with little fanfare of feedback from outside the Arsenal fence line.

In recent years, the Arsenal has hosted students from the Royal Canadian Military College, as well as cadets from the United States Military Academy at West Point. These are great visits to an audience of folks who have already a strong sense of the importance of military logistics, such as military manufacturing. So, kind words of praise from this group is always welcomed, but kind of expected.

But when the Sullivan BOCES students went through the tour their comments had a different

impact on the Arsenal's staff.

According to high school junior Evan Decker, "It was an honor to be able to come and visit this facility... The whole place was amazing. I really learned a lot and was amazed that the machines could handle the Thick metal without a problem."

Ryan Lowe, junior, also added, "I just thought everything was astounding, but the most interesting things were the forging process, and the 1000-ton press that straightened cannon barrels. I also liked the old lathes, mills, and the museum."

The Arsenal has requests from other New York State educational programs for more engagements, such as with the Army's Benét Laboratories whose current research in nanotechnology is of great interest to science honor students. Benét Labs is a premier research, design, and prototype facility for military manufacturing and is collocated on the Watervliet Arsenal.

Just maybe, the Arsenal has, through this recent educational outreach effort with the Sullivan County BOCES, found a way to help excite our nation's youth about education and certainly, about the importance of manufacturing.

Michael V. Mullally, instructor for the BOCES Custom Fabrication Machine Shop, summed up the visit well by saying, "These guys are still talking about the trip and we all wish we had more time to spend there (Arsenal)."

And so, when these high school students gave their undivided attention For several hours and actually got excited about Arsenal manufacturing it may be hard to measure the effect this outreach program had other than to say it is "powerful."


For more information about the Computerized Machining and Metal Working Program at BOCES please log onto www.scboces.org call (845) 295-4152.

If you would like to find out more about the Watervliet Arsenal please log onto their web site at www.wva.army.mil.

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SPRING FEVER!



Spring has sprung! A side effect of spring - Spring Fever! It is often diagnosed with the following symptoms: restlessness, intense nervous excitement, high-energy spurts, loss of appetite, insomnia, a yearning to break away or even as a desire "to run away with mad love." Spring fever has appeared in love poems, stories and medical literature for eons.

While the vernal equinox has blessed us with increased daylight, warmer days, and sprouting flowers, plants, and trees, along with this comes the usual spring cleanup, gardening, chores, running the kids to baseball practice, etc.

It seems like there is no rest of the weary!

Statistically speaking, at least half of the people who live in the northern latitudes like we do, may experience more intense symptoms of Spring fever. Longer sunny days seem to have a direct impact on people's psychological and physiological responses to the passage of the seasons. Spring fever is not just in the head. It is caused by an adjustment in body chemistry and seasonal biology.

Since the mid 1980s, scientists have validated the diagnosis of Seasonal Affective Disorder (SAD), a depression and mood disorder that emerges during the fall and winter months. They have also perceived a noticeable departure of SAD symptoms with the coming of spring and summer. One reason is the realignment of the body's chemistry with sunlight. Changes during spring can readjust body chemistry, specifically the internal body clock that responds to sunlight.

The circadian rhythm (biological processes recurring naturally on a twenty-four-hour cycle) of the internal body clock is affected by light. The body's secretion of melatonin, a hormone that influences sleep and energy levels, is also affected by light. During the winter, the body's secretion of melatonin is relatively high; during spring, however, the level of melatonin decreases, which results in greater wakefulness. Serotonin levels also increase during spring which accounts for the breakaway sense of elation. Research also suggests that spring weather is linked to spikes in hypomania, when individuals experience a sense of inflated grandiosity, uninhibited pursuit of "the chase," and a significantly reduced need for sleep.

And is love really in the air during spring? The birds seem to think so. Take the time out to listen to the birds and their beautiful mating call.

Speaking of taking time out, our busy mom, Darlene Beiling who usually writes the *Parent Connection* each week, has taken some well-deserved time out this week. So I will use my years of parent experience fill in for this week.

With all the extra activities that come with spring, we can all get a little weary at times, especially moms.

Moms have always take care of hearth and home, but often don't take the time to take care of themselves. If you are a busy mom, learn to value yourself as a person and schedule personal time for your "self". It can be very refreshing and is a right of being a person. While we do have the capacity to nurture others it does takes its toll. Let's be honest, we can all be at our wits end at times.

Just like your dependable auto, you fill it with gas to make it run, but when the gas runs out, your car won't move! The same goes for you!

Emotional issues can develop when you don't take the time to take care of your emotional well-being, not to mention the physical results of emotional neglect. Taking time out to refuel "your tank" will reap benefits that you can give back to your family as well as yourself in equal measure. Don't be ashamed to sit for fifteen minutes doing nothing.

In the springtime, relaxing in a hammock under a tree is the perfect getaway from the pressures of the day. Reading a book for 30 minutes can also seem like heaven to many moms.

Here are a few simple relaxation techniques that may help and can fit into the schedule of any much needed "mom" time:

When you have kids, the day begins at a hurried pace. Once you step out of bed and start running, there is no stopping you. Try waking 30 minutes to an hour ahead of time which will allow you some quiet solitude to drink your coffee, read a book, meditate or listen to music.

Turning an ordinary experience, such as taking a bath, into a major event can do a lot. When you take a bath, add candles, bubble bath, quiet music, maybe an inflatable bath pillow or a towel rolled up behind your head will turn your regular bath into a spa level experience.

If you watch a movie, turn out the lights, pop a bag of microwave popcorn and curl up on the couch. You are now making progressive relaxation a priority that you deserve.

Ask your "significant other" for help. Kids love their mothers but time spent with "dad" is important too. Let them bond with dad while you go shopping for a new outfit, take a walk or dig around in the garden. Since the time is yours, do whatever you like!

Learn and practice instant relaxation exercises and techniques. Make sure you practice them at regular intervals throughout the day. When you get a few minutes to really sit and relax, the last thing you want to do is exercise. But don't forget, getting a little physical activity in your day has far-reaching benefits. Exercise helps you to "think clearly" and stretches the muscles and reduces stress. Remember stress drains the powerful endorphins that are released into your system and make you feel good. Exercise will help release endorphins! Proper breathing along with relaxation techniques goes a long way keeping you healthy and mentally clear.

And last but not least, one of the most important things - laugh at regular intervals. Now that most everyone has a computer, why not subscribe to a daily joke site. Laughing also releases endorphins and can lift your spirits significantly. It also keeps the abs tight I am told by my daughter!

So moms, take care of yourselves. Your family needs you and you deserve a break from the daily hustle and bustle that comes with Spring Fever!

UC EXECUTIVE ANNOUNCES THE PURCHASE OF FOUR RESIDENTIAL PROPERTIES VULNERABLE TO CHRONIC FLOODING - Program Designed to Remove Families from Harms Way and Provide Them With the Means to Relocate to Safe and Secure Homes

Ulster County Executive Mike Hein announced today that Ulster County will complete the purchase next week of the first four out of eight residential properties, located within the Esopus Creek floodplain in the towns of Hurley and Ulster, which are vulnerable to chronic flooding. The remaining four properties will be purchased shortly thereafter. Funding for the purchase was made available by the New York State Housing Trust Fund Corporation / Division of Housing and Community Renewal, through its Greater Catskills Flood Remediation Program.

In 2008, Governor David Paterson and Legislative leaders announced the availability of \$15 million for the Greater Catskills Flood Remediation Program. Under the program, eleven counties in the Southern Tier and Catskill regions, including Ulster, became eligible to apply to purchase one or two family homes that had been damaged by floods since April 1, 2004, and were determined to be at future risk. Ulster County submitted a proposal and was awarded \$1.9 million of the total.

"These purchases will help those families impacted by severe and chronic flooding to permanently relocate to safe and secure homes and to, once and for all, put themselves and emergency rescue personnel out of harms way. The available funding is not sufficient to meet all of the demand, however it's a great start and I'm delighted that Ulster County was able to play a key role in addressing this persistent problem. I would like to recognize Ulster County Department of Emergency Communications and Management Director Art Snyder and County Attorney Bea Havranek, and their staffs, for their extraordinary efforts in bringing this process forward," said County Executive Mike Hein.

The Greater Catskill Flood Remediation Program is designed to permanently remove people from harms way by providing them with a fair market price for their homes and property and the means with which to relocate. Under program guidelines, once the closing is completed, standing structures will be demolished and the property will be dedicated for permanent open space, recreational use, wetlands, or flood mitigation purposes. In order to qualify for the program, the home must be the primary residence of the owner with a family income up to 150% of the Area Median Income, as defined by the United States Department of Housing and Urban Development.

ULSTER COUNTY NEGOTIATES LABOR DISPUTE WHILE GUARDING TAXPAYER'S INTERESTS- Zero Increase Proposed for 2010

The Ulster County Personnel Department announced that an agreement has been negotiated with the Ulster County Staff Association (UCSA), a New York State United Teachers Union (NYSUT) affiliate. This agreement will settle litigation and a long-standing contract dispute with the union. Pursuant to the Charter, the agreement is subject to approval by the County Legislature.

Approximately forty-five county employees represented by UCSA, one of five unions that represent county employees, had been working without a contract for the past five years. During the interim UCSA brought an improper practice proceeding against Ulster County that could have resulted in an approximate cost of \$300,000, plus force the long-term continuation of the controversial health reimbursement program known as the "flex plan".

Brenda Bartholomew, Ulster County's Personnel Director said, "The County Executive directed that a tough stance be taken to protect the taxpayers of Ulster County and the proposed agreement reflects this resolve." Following are the highlights of the agreement:

- There will be a zero-percent salary increase in 2010. The County Executive had previously frozen the salaries of all 143 nonunion County managers.

- For the first time in Ulster County labor negotiation history, there is no compounded retroactive pay included in this settlement.

- There will be an increase in the health insurance contributions from UCSA members, from an effective rate of 0% to 10% - and 15% for any new members.

- The County will make a non-compounded adjustment to union member salaries to bring them in line with the previous salary increases of the staff who those administrators supervise.

- The controversial flex plan will now be completely eliminated from Ulster County government with significant savings for taxpayers, and

-UCSA has agreed to withdraw its outstanding

improper practice proceeding against the County, putting an end to this lawsuit.

"With the seriousness of the financial crisis that is affecting Ulster County and municipal governments throughout the nation, I am committed to protecting taxpayers," said County Executive Hein. "I would like to recognize UCSA officials and members, as well as the County team, for their efforts and I look forward to working with the Legislature to bring this to final resolution."

"These were difficult negotiations," said Brenda Bartholomew, Ulster County Personnel Director. "This is the first time in Ulster County's history that a settlement did not include compounded retroactive pay. Also, new members will now be required to pay a 15% contribution to their health care costs. Further, there will be a zero percent salary increase in 2010. This coincides with the salary freeze already instituted by the County Executive for all non-union managers."

STUDENTS FACE RISING TUITION COSTS, STUDENT DEBT AT ALL TIME HIGH - GILLIBRAND ANNOUNCES NEW PELL GRANTS FOR NEARLY 70,000 NY STUDENTS - Health Insurance Reform Included Education Measures to Make College More Affordable for Students

Washington, DC - With student debt at an all-time high and students in the Hudson Valley facing rising tuition and fees, U.S. Senator Kirsten Gillibrand passed legislation to increase the amount of Pell Grant scholarships for nearly 70,000 New York students eligible for Pell Grants, opening the doors of higher education to more students.

The Health Care and Education Affordability Reconciliation Act that the U.S. Senate passed last week and President Obama signed into law on Tuesday included the measures to make college more affordable for all students.

Nearly 70,000 New York Students to be Eligible for More Generous Pell Grants

The legislation invests a total of \$36 billion into the Pell Grant program over 10 years, including \$22.6 billion to increase the maximum Pell Grant award from \$5,550 next year to nearly \$6,000 over the years ahead to help keep pace with inflation. This investment will allow approximately 67,500 New York students to be eligible for Pell Grants that provide need-based grants to low-income undergraduate and certain post-baccalaureate students to expand access to higher education. Last school year, 6.2 million Americans relied on Pell Grants to help pay for college and career training. Nearly 90 percent of those students come from families earning less than \$40,000 a year.

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"Higher education should be a ticket to personal and professional success, not a ticket to financial debt," Senator Gillibrand said. "Every New York student deserves the opportunity to go to college and achieve their full potential, but the high cost of college and rising student debt are keeping too many of our students from pursuing their dreams. This historic legislation we fought so hard for will open the doors of higher education to tens of thousands of New York students, save taxpayer money, and create more opportunities for our students to succeed in the global economy."

The Health Care and Education Affordability Reconciliation Act achieves the following additional reforms to make college more affordable and create more opportunities for New York students:

Saving Nearly \$70 Billion in Student Loans, Keeping Jobs in America

The legislation makes all student loans delivered through the Direct Student Loan program, instead of subsidizing private banks and lenders through the costly Federal Family Education Loan Program. Cutting subsidies to third-party private entities will save taxpayers approximately \$68 billion by 2020, and pass these savings onto students. This will make lenders compete for contracts to service all federal student loans, guaranteeing borrowers high-quality customer service, and keeping jobs in America. Unlike loans made by banks, Direct Loans can only be serviced by workers in the U.S. Last year, for instance, Sallie Mae brought 2,000 jobs back to America to win a direct loan servicing contract.

Investing Nearly \$120 Million for New York's Minority-Serving Colleges and Universities the legislation invests in New York's 29 Minority-serving colleges and universities that report an enrollment of a single minority group, or combination of minority groups, that exceed 50 percent of its total enrollment.

Make Federal Loan Repayment More Manageable

The legislation caps the amount that lenders can collect each month from borrowers at 10 percent of discretionary income for new borrowers after 2014, down from 15 percent.

\$45 Million to Keep NY Students in School and On Track to Graduate

The legislation invests \$750 million in the College Access Challenge Grant program, including nearly \$45 million for New York alone, to provide services that expand access to higher education for low-income students and help them manage their student loans, including financial literacy and debt management education.

Prepare Students for the Jobs of the Future

\$2 billion in competitive grants will be available for community colleges that develop and improve education, or career training programs to prepare students for the jobs of the future, and help workers retrain with the new skills they need to continue advancing their careers.

COUNTIES MARK MILLIONTH PRESCRIPTION WRITTEN ON DISCOUNT DRUG CARD- County Sponsored Discount Prescription Program has Saved NYers \$20 million

A discount prescription drug program sponsored by 30 New York counties has enabled New Yorkers to fill one million discounted prescriptions-for a total savings of \$22.6 million.

"Prescription drug costs are high, and for some New Yorkers who have chronic conditions, those costs can take a big chunk out of the family budget. This discount program enables New Yorkers to fill prescriptions they may have otherwise delayed-keeping them in good health and saving them some money at the same time," said Chemung County Executive Tom Santulli, president of the New York State Association of Counties (NYSAC).

NYSAC has partnered with ProAct to offer participating counties a way to provide a range of health benefits to their residents. ProAct cardholders who don't have health insurance or who have inadequate prescription coverage can get lower cost drugs. There are currently 30 counties participating in the program, with millions of discount prescription cards in circulation. The program has saved New Yorkers \$22.6 million to date.

"Clearly this prescription program has been a success. It enables participating counties one more way to help their constituents save money and maintain a healthier lifestyle," said Santulli.

In February, the ProAct Discount Prescription Program was expanded to provide participating New Yorkers with savings on eye exams, glasses, contacts, LASIK eye surgeries and hearing aids and exams.

"We are thrilled with the great success of our ProAct discount card program here in New York State. Over a million prescriptions filled is a huge milestone. The program brings real savings to the residents of New York on prescriptions, and now vision, hearing and LASIK services. We are pleased to help so many of our fellow New Yorkers with our discount program"

"The added benefits for New Yorkers will help people address real and personal healthcare needs at a time when they need it most," said Stephen J. Acquario NYSAC Executive Director. "County government officials can and do make a difference for their constituents, and this successful program is yet another example where county governments lead the way in assisting New Yorkers."

HINCHEY JOINS STATE AND LOCAL LEADERS FOR ROUTE 9W RECONSTRUCTION GROUNDBREAKING IN NEWBURGH - Project will Support 45 Construction Jobs and Receive \$8.58 Million in Federal Recovery Act Funding

Congressman Maurice Hinchey (D-NY) today joined New York State Department of Transportation Acting Commissioner Stanley Gee to announce the start of the much-needed reconstruction of Robinson Avenue/Route 9W. Newburgh Mayor Nick Valentine, State Senator William Larkin, and Assemblyman Frank Skartados were also on hand for the groundbreaking.

"This is another example of how the Recovery Act is continuing to create jobs and benefit generations to come by improving local infrastructure," said Hinchey. "Anyone who lives in Newburgh knows that the reconstruction of Robinson Avenue has been sorely needed for several years. I'm delighted that we were able to secure the necessary federal resources to move forward with it and substantially decrease the local costs for the project." (Contd. Pg. 14)

GASLAND DOCUMENTARY EXPOSES DANGERS OF FRACKING

In the debate over energy resources, natural gas is often considered a "lesser-of-evils." Natural gas burns cleaner than coal and oil, and is in plentiful supply -- New York State sits above some of the largest natural gas reserves in the country. But a new boom in natural gas drilling, a process called "fracking," raises concerns about health and environmental risks.

NOW on PBS talks with filmmaker Josh Fox about "Gasland," his Sundance award-winning documentary on the surprising consequences of natural gas drilling. Fox's film, inspired when the gas company came to his hometown, alleges chronic illness, animal-killing toxic waste, disastrous explosions, and regulatory missteps.

Watch NOW segment and vote in online Poll: <http://b.eb15.emailsparkle.com/sendlink.asp?HitID=1270088230000&StID=86316&SID=1&NID=528819&EmID=137166396&Link=aHR0cDovL3d3dy5wYnMub3JnL25vdy9zaG93cy82MTMvaW5kZGuaHRtbA%3D%3D>

Gasland Film Website (tap water catches fire):
Watch the Trailer
Submitted by Vic Work
Pine Bush, NY

TRIAD's COMMUNITY EMPOWERMENT FOR THE AGING PLANS COMMUNITY ACTION MEETING

TRIAD of Sullivan County has planned a meeting to discuss "Community Empowerment," a statewide concept aimed at creating livable communities for people of all ages and abilities. The grass-roots campaign aims at beginning the discussion on how to create better neighborhoods and positive living environments for New Yorkers who would like to "age in community."

The meeting will be held on Thursday, April 29 at 6:30 pm at the Town of Neversink Town Hall.

All Neversink residents and seniors, interested in safe, secure communities that enhance the ability to age in place are encouraged to attend. Share your motivation, skills and talents to enhance our future community. Registration is appreciated (contact Bonnie Lewis at 292-5250 at the Cooperative Extension) but is not required. Light refreshments will be served.

The local meeting is being organized by TRIAD, an organization created over two years ago to focus on senior violence and elder abuse prevention and improving the quality of life for our older citizens. Representatives of the TRIAD steering committee (Bonnie Lewis, Priscilla Bassett, Carol Smythe and Kathi Hitt) will be present at the livable community's action meeting with ideas and programs that are currently being utilized in New York State.

"Our community has a rapidly growing aging population and TRIAD is interested in fostering a supportive community for all ages and abilities. It has been clearly documented that older New Yorkers want to live independently and age with dignity in the community, but may not be able to if needs and preferences can't be met. Neversink residents' ideas are needed to determine what specific needs must be addressed to create an age friendly community" said (Next Col.)

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Bonnie Lewis, RN/Coordinator of the Caregiver Resource Center and Coordinator of TRIAD's Community Empowerment for Aging in the Community project.

For more information about this local meeting, call (Bonnie Lewis, 292-5250 or bjl25@cornell.edu). For more information about the Community Empowerment Initiative, visit www.aging.ny.gov/empoweringcommunities

DON'T FORGET THE OLD TIME FIDDLERS WILL CONVERGE UPON NEVERSINK - MARK YOU CALENDARS!

The 16th Annual Old Time Fiddlers' Gathering will take place on Sunday, April 25th, 2010, from 2:00-6:00p.m. at the Neversink Fire Hall on Route 55 in Neversink, N.Y. The event presents musicians from all over the Tri -State area playing a variety of traditional Bluegrass, Irish, Texas Swing, and Country music. This year's "Fiddle Fest" will feature the Kurpil Family Fiddlers, Jesse and Larry Kitzmiller, Little Sparrow, Chestnut Creek, and many others. Ticket prices are as follows: \$10.00 for adults, \$1.00 for students, children under five are free.

Refreshments will be available for purchase. All proceeds benefit the Sullivan County Pregnancy Support Center. For more information, please call 985-2923

The Catskill Martial Arts Academy will be celebrating World Tai Chi & Chi Gong Day Sunday April 25
Offering Free Tai Chi classes
11:00am-12:00 all ages
1:00pm-2:00pm Kids
3:00pm-4pm Adult
4:00pm-5:00 all ages


1175 RT-52 Loch Sheldrake, NY 12759
For more information please call 845-423-9497
www.catskillmaa.com

CLARYVILLE MAY DAY FESTIVAL

Saturday, May 1st
10 am to 4 pm
Lunch, Live Music, Local Artists, Craft Vendors, Yard Sale, Cookie Walk.
And view our 151 year-old Schoolhouse Museum. Free Admission. Location: Claryville Reformed Church Hall, 946 Claryville Road on Route 19, near Ulster / Sullivan border (5 miles from Curry intersection of Rt. 55). Phone: 845-985-2041.

CrossWay Assembly of God

Service Times
Sunday School 9:30 am
Sunday Worship Service/Children's Church 10:30 am
Monday Night Home Bible Study 7 pm
Tuesday Night Youth Home Bible Study 7 pm
Friday Youth Night 7 pm

 **Ismael Berrios**
Lead Pastor
P. O. Box 480
507 Hasbrouck Drive
Woodbourne, NY 12788
845-434-8263
Email: crosswayaog@aol.com
www.crosswayaog.com


ST. ANDREW'S EPISCOPAL
The Little Church with the Big Heart
Sundays 8:15 a.m. - Communion
Music by Susan and Fred Van Wagner
Coffee hour follows service
All are welcome!
For Information: Mother Joan LaLiberté 845-887-4742

5277 State Rt. 42
South Fallsburg

Crafters & Vendors wanted for indoor Craft Show

Saturday, May 8th, 1-4 pm
Sullivan County Museum
265 Main St • Hurleyville, NY
10 ft x 8 ft space \$15
For information or to reserve a space - please call (845) 434-8044


Sundown United Methodist Church
Sunday Worship Service • 8:30am

Grahamsville United Methodist Church
Sunday Worship Service 10:30am
985-2283

Claryville Reformed Church


Claryville Road
Claryville, NY 12725
845-985-2041

Bible Class 9:00 am
Worship Services @ 10:00 am
Rev. Paul Nulton
John Bult, Organist


Covered Dish Supper
May 1, 2010
Sundown United Methodist Church at the Sundown Church Hall


Thrift Sale 9-2 & Luncheon 11-1
Grahamsville United Methodist Church
Tuesday April 20, 2010

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275 S Main Street, Liberty, New York (845) 292-7100
Route 55, Kauneonga Lake, New York (845) 583-5445

CATHOLIC PARISH OF THE IMMACULATE CONCEPTION (embraces Fallsburg, Neversink, Sundown and Ulster Heights)
6317 Rte. 42, Woodbourne.
Weekend Mass schedule:
Saturday afternoon: 5:00.
Sunday morning: 9:00 am and 11:30 am
Holy days of obligation: as announced in church bulletin.
Daily Mass schedule:
Monday afternoon 5:45 (Holy Rosary at 5:30); Tuesday, Wednesday, Thursday, Saturday mornings: (includes Morning Prayer)- 8:50 am
Saturday afternoon confessions: 4 to 4:45.
Rev. John J. Lynch, Ph.D., Pastor. 434-7643.

Grahamsville Reformed Church
Sunday School 9 A.M.
Worship Service 10 A.M.
Hymn Sing & Covered Dish Supper 5:30/630 P.M. - 1st Sunday of the Month
Looking for a Lifeguard?
Ours walks on water!
Rev. Paul Z. Ruter, Pastor

Loucks Funeral Home
Geoff and Heather Hazzard & Anthony Perito
79 North Main Street
Ellenville, New York
(845) 647-4343

HINCHEY JOINS STATE AND LOCAL LEADERS FOR ROUTE 9W RECONSTRUCTION GROUNDBREAKING

(From Pg. 12) "I am very pleased that after so many years this project is finally beginning. In these difficult economic times we are grateful to Federal and State agencies and our elected officials for making this project possible," added Mayor Valentine.

The cost of the project, not including sewer and water improvements, is projected to be approximately \$11.4 million. Of this amount, \$8.58 million will be reimbursed to the city through the American Recovery and Reinvestment Act which Congressman Hinchey helped pass in 2009. The city will also receive other federal and state funding for the project, including more than \$745,000 in federal Transportation Improvement Program funds and nearly \$140,000 in matching New York State Transportation funding. The final cost to the city of Newburgh will be just under \$2 million.

New York State Department of Transportation Acting Commissioner Stanley Gee said, "The reconstruction of Robinson Avenue is vital to the growth and development of the City of Newburgh. I am pleased to see that this stimulus-funded project is being constructed by a local contractor, which will keep jobs right here in Newburgh."

The project's general contractor, Argenio Brothers of New Windsor, has successfully completed other important projects in the region, including the recent work at Exit 5 on Interstate 84. When the project is completed in October 2011, this important gateway to the City will be safer for drivers and pedestrians, including students who walk to North Junior High School.

Hinchey strongly supported and voted to pass the American Recovery and Reinvestment Act which has already saved or created more than two million jobs - rebuilding our infrastructure and economy for global competitiveness. Through the Recovery Act, 95 percent of working Americans continue to see the benefit of one of the largest tax cuts in history in every paycheck. With Hinchey's support, the House also passed the comprehensive Jobs for Main Street Act in December 2009 to make targeted investments in areas that will grow our economy over the long term - including highways, public transit, construction, small businesses, job training, and hiring and retaining teachers, police officers, and firefighters.

More recently, Hinchey voted for, and the president signed into law, comprehensive health insurance reform that will create up to four million jobs over the next decade. The president also recently signed the bipartisan HIRE act, also supported by Hinchey, which is projected to create up to 300,000 jobs with investments in small businesses and infrastructure

CYBERCRIME COSTS NY BUSINESSES APPROXIMATELY \$4.6 BILLION EACH YEAR - GILLIBRAND, HATCH INTRODUCE FIRST OF ITS KIND MEASURE TO BOLSTER CYBERSECURITY IN

AMERICA -Legislation Would Foster International Coordination, Require Crackdown on Cyber Criminals In Foreign Countries That Offer Them Havens

As New York businesses lose approximately \$4.6 billion as a result of cyberattacks and with a growing threat of cybercrime internationally, U.S. Senators Kirsten Gillibrand (D-NY) and Orrin Hatch (R-UT) today introduced the International Cybercrime Reporting and Cooperation Act - new bipartisan legislation that would enhance America's cooperation with other countries to combat cybercrime and keep America safe.

"Cybersecurity must be a top priority for our national security," Senator Gillibrand said. "If we're going to protect our networks, our infrastructure, our economy and our families, we have to go after cyber criminals wherever they may be - and it must be an international effort. Our new legislation will require the president to provide a global assessment, identify threats from abroad, work with other countries to crack down on their own cyber criminals, and urge the President to cut off U.S. assistance and resources for countries that refuse to take responsibility for cybersecurity. Our legislation will make America safer by getting tough on cybercrime globally, and coordinating with our partners in the international community."

"Cybercrime is a serious threat to the security of the global economy, which is why we need to coordinate our fight worldwide. Until countries begin to take the necessary steps to fight criminals within their borders, cybercrime havens will continue to flourish," said Senator Hatch. "We don't have the luxury to sit back and do nothing. I believe the International Cybercrime Reporting and Cooperation Act will not only function as a deterrent of cybercrime, but will prove to be an essential tool necessary to keep the Internet open for business."

For more than a decade, reports have described the increasing vulnerability of the U.S. to cyber attacks. A growing array of international criminal organization are targeting U.S. citizens, commerce, and information infrastructure, including the Internet, telecommunications networks, financial systems, embedded processors and controllers in critical industries to steal, exploit, disrupt, or destroy information.

Earlier this year, hackers in China launched a large, sophisticated attack on Google and other American businesses. A conservative estimate from the Government Accountability Office (GAO) estimates that in 2005 U.S. businesses lost \$67.2 billion as a result of cyberattacks. Since then, attacks have dramatically increased. The global economy overall lost over \$1 trillion in 2008 as a result of cyber attacks, according to studies by McAfee, Inc.

Based on these conservative estimates, New York businesses lose more than \$4.6 billion each year as a result of cyberattacks.

- In New York City, businesses lose more than \$1.9 billion each year as a result of cyberattacks.
- In the Southern Tier, businesses lose more than \$100 million each year as a result of cyberattacks.
- In the Hudson Valley, businesses lose more than \$610 million each year as a result of cyberattacks.

Numerous American employers, including Cisco, HP, Microsoft, Symantec, PayPal, eBay, McAfee, American Express, Mastercard and Visa, as well as Facebook, are supporting the Senators' legislation.

"Microsoft strongly supports the International Cybercrime Reporting and Cooperation Act and applauds

Senators Gillibrand and Hatch for their leadership in this area," said Fred Humphries, Managing Director of US Government Affairs, Microsoft Corp. "This legislation is a great step forward toward accessing the technology capabilities and judicial remedies of foreign countries to combat cybercrime and provide a safer, more trusted and secure Internet."

"We support efforts to increase global awareness of cybersecurity issues, and to improve cybersecurity and

investigations of cybercrime," said Tucker Foote, Vice President & Head of U.S. Government Affairs, MasterCard Worldwide. "We believe [this] legislation provides useful tools to further those goals and to provide a safer environment for U.S. consumers and businesses to operate in today's technology-driven world."

Criminals are increasingly going after online financial data - costing businesses and individuals billions. In fact, each data breach costs American businesses an average of \$6.6 million.

Cyber exploitation activity has grown more sophisticated and targeted over the past year and is expected to increase. Relevant international cybercrime agreements have not been signed by certain key countries that host cyber criminals with apparent impunity.

To boost America's cybersecurity, improve our coordination with allies, and establish tough new ways to crack down on cyber threats internationally, Senators Gillibrand and Hatch today introduced the International Cybercrime Reporting and Cooperation Act.

HINCHEY MEETS WITH ROSENDALE SENIORS -OUTLINES HOW MEDICARE IMPROVEMENTS IN HEALTH CARE REFORM WILL BENEFIT THEM

Congressman Maurice Hinchey (D-NY) met with seniors at the Rosendale Recreation Center to discuss how Medicare coverage will improve as a result the health care reform measure he voted for and President Obama signed into law last week.

"This is a major victory for the over 109,000 Medicare beneficiaries who live in my district," Hinchey said. "Seniors on Medicare will now be able to receive free preventative care, better care for chronic illnesses like high blood pressure, and a gradual elimination of the gap in prescription drug coverage known as the donut hole."

Hinchey outlined seven improvements to the Medicare program that would be most beneficial to Rosendale's seniors, including that health care reform would:

1. Add at least nine years to the solvency of the Medicare trust fund.
2. Fill the Medicare prescription drug donut hole. In 2010, Medicare beneficiaries who fall into the prescription drug coverage gap known as the donut hole will receive a \$250 rebate. After that they will receive a pharmaceutical manufacturers' 50 percent discount on brand-name drugs, increasing to a 75 percent discount on brand-name and generic drugs to close the donut hole by 2020
3. Provide new, free annual wellness visits, and eliminate out-of-pocket copayments for preventive benefits under Medicare, such as cancer and diabetes screenings.
4. Provide better chronic care, with doctors collaborating to provide patient-centered care for the 80 percent of older Americans who have at least one chronic medical condition like high blood pressure or diabetes.
5. Improve Medicare payments for primary care, which will protect access to these vital services
6. Reduce overpayments to private Medicare Advantage plans. Medicare currently overpays private plans by an average of 14 percent. This legislation reins in those overpayments to ensure a fair payment system that rewards quality.
7. Encourage reimbursing health care providers on the basis of value, not volume. The bill includes a number of proposals to move away from the "a la carte" Medicare fee-for-service system toward paying for quality and value while reducing costs for America's senior.

Hinchey also noted that while the bill represents a major step forward, it still does not accomplish everything that is needed to improve the delivery of health care. For instance, the bill lacks a provision that would allow Medicare to negotiate with pharmaceutical companies for bulk discount deals, which could save taxpayers up to \$156 billion over ten years. To address that and other issues, the congressman will continue working for additional legislation that further improves the quality of Medicare and makes health care more comprehensive, accessible and affordable for all Americans

On Sunday, March 21, Hinchey voted to pass the most significant piece of health care reform legislation since the creation of Medicare in 1965. He was also present for the president's signing of the bill into law at the White House last Tuesday. (Contd. Pg. 15)

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Town of Neversink Parks & Recreation Department

www.townofneversink.org

(845) 985-2262 extension 312 SOUTH

BRONX ZOO June 12. \$40 per person
Sign up by May 4.

STATUE OF LIBERTY & ELLIS ISLAND September 18. \$52 per person
Sign up by June 8.

SCRANTON/WILKES-BARRE Yankees vs. Toledo Mud Hens Thursday, July 15
Sign up by June 8.

ZOOM FLUME Saturday, August 7
Waterpark East Durham, NY- Sign up by June 8.

STATUE OF LIBERTY & ELLIS ISLAND September 18. \$52 per person
Sign up by June 8.

GAMES & SOCIALIZING - FREE fun every Friday afternoon 1 pm - 4 pm in the upstairs meeting room in the Town Hall. -
SUUJI WA TANSU NI KAGIRU answer

3	9	1	8	7	6	2	5	4
5	7	6	4	1	2	9	8	3
8	2	4	3	9	5	7	1	6
1	4	9	5	3	8	6	2	7
6	5	3	7	2	9	1	4	8
2	8	7	1	6	4	5	3	9
4	1	8	6	5	7	3	9	2
9	6	5	2	8	3	4	7	1
7	3	2	9	4	1	8	6	5

AL-ANON MEETINGS

Every Saturday night 8:00 p.m. **Al-Anon Meeting** Presbyterian Church, 81 South Main Street, Liberty

Every Monday night 7:00 p.m. **Al-Anon Meeting** Presbyterian Church, 81 South Main Street, Liberty

Every Thursday night 7:00 p.m. **Al-Anon Meeting** Immaculate Conception Church Annex, 6317 Route 42, Woodbourne

HINCHEY MEETS WITH ROSENDALE SENIORS (From Pg. 14)

The measure will improve coverage for 415,000 residents in the congressman's district who already have insurance. It will provide tax credits to make health care more affordable for another 158,000 families and 15,100 small businesses, and will extend coverage to 47,000 uninsured residents. It will immediately end coverage denials to children with pre-existing conditions and will provide immediate access to insurance options for 10,900 residents with pre-existing conditions. In addition, 68,000 young adults will now be able to obtain coverage through their parents' insurance plans until their 26th birthday

NYSAC RESPONDS TO PROPOSAL FOR STATE TAKEOVER OF COUNTY MEDICAID ADMINISTRATION COSTS

In a statement from NYSAC Executive Director Stephen J. Acquario on behalf of the 62 counties in the State of New York, Counties applaud the Assembly's proposal to take over the county share of Medicaid administration, and have additional suggestions that we believe will further streamline the delivery of public services in New York State and relieve property taxpayers from the burdens long imposed by Albany.

In addition to the State takeover of Medicaid administration, counties suggest:

- A multi-year or permanent moratorium on new state unfunded mandates-as proposed by the Governor and agreed to by the State Senate;

- A multi-year full State takeover of the State's Medicaid program - New York State is the only state that has such a large share funded by county governments through local property taxes. This would end the role of local property taxpayers acting as an ATM for the State Medicaid program. This takeover comes at an opportune time, as the state takes steps to implement the recently enacted Federal Health Care Reform initiative;

- A state takeover and consolidation of subsidized Child Care Services, by moving child care from the Office of Children and Family Services to the State Office of Temporary and Disability Assistance (OTDA). This makes the most sense, since subsidized child care is intended to support working (Next Col.)

4/7/10	Tri-Valley AARP #1604 Meeting- 1:30 pm Town Hall Grahamsville
4/7/10	Town of Neversink Planning Board Meeting
4/9/10	Spring Rummage Sale St. Paul's Lutheran Church Liberty 9 - 2
4/10/10	Spring Rummage Sale St. Paul's Lutheran Church Liberty 9 - 12
4/11/10	Woodbourne Fire Dept 6th Annual French Toast Breakfast 7 am-12 436-9234 or 434-6763
4/13/10	Town of Denning Audit Meeting - Denning Town Hall - 7:00 pm
4/14/10	Town of Neversink Board Meeting
4/15/10	Dept. of Motor Vehicles Neversink Town Hall 10:00 am - 2:30 p.m.
4/20/10	Grahamsville Methodist Church Thrift Sale (9-2) and Luncheon (11-1)
4/20/10	Town of Neversink Zoning Board of Appeals
4/21/10	Tri-Valley AARP #1604 Meeting- 1:30 pm Town Hall Grahamsville
4/21/10	Neversink Rondout Antique Machinery Association
4/21/10	Neversink Fire Dist. Meeting 7:30 pm Public Meeting 8:00 pm
4/22/10	Time and the Valleys Museum Trustees Meeting - 7:00 pm
4/25/10	Old Time Fiddlers - 2 - 6pm - Neversink Fire Hall - call 985-2923
4/27/10	Claryville Fire District Meeting -7:00 pm
4/27/10	Town of Neversink Parks & Rec Advisory Board Meeting 7 pm Upstairs Meeting Room @Town Hall
5/1/10	Sundown Methodist Church Covered Dish Supper -Church Hall - 5:30 pm
5/3/10	Time and the Valleys Work Committee Meeting - 12:30 pm
5/4/10	Dinner Meeting - Frost Valley - Info 292-5839
5/4/10	Grahamsville Methodist Church Thrift Sale (9-2) and Luncheon (11-1)
5/4/10	Town of Denning Board Meeting - Denning Town Hall - 7:00 pm
5/5/10	Tri-Valley AARP #1604 Meeting- 1:30 pm Town Hall Grahamsville
5/6/10	First Thursday Readers -Daniel Pierce Library

SAVE THE DATE!

14th Annual Women's Conference to be held on Saturday, April 17, 2010 at Sullivan County Community College
July 31 - Time and the Valleys Museum Olde Time Fair

Town of Denning Message Board: <http://www.denning.us>

Town of Neversink Website: <http://townofneversink.org>

Daniel Pierce Library - <http://www.danielpiercelibrary.org>

Time and The Valleys Museum - <http://timeandthevalleysmuseum.org>

Ye Olde Tri-Valley Townsman On-Line Edition: <http://thetownsman.com>

To find out what is happening at **Tri-Valley CSD:** <http://tvcs.k12.ny.us>

Ye Olde Tri-Valley Townsman is now available at the following retail stores and restaurants:

SUNDOWN CAMP & BAIT SHOP	E & H PAINTBALL (Loch Sheldrake)	LIGHTHOUSE DELI
GRAHAMSVILLE DELI	VALERO MINI MALL (Loch Sheldrake)	NAPANOCH FLORIST
GRAHAMSVILLE AUTOMOTIVE	WOODBOURNE CITGO STATION	JAME'S NAPANOCH GROCERY
CANNIE D'S	MO'S GAS STATION (Woodbourne)	MATTHEW'S PHARMACY
BLUE HILL LODGE	P.D. SMITH ENTERPRISE (Woodbourne)	NAPANOCH APPLIANCE
ARATI GIFT SHOP (Brickman Rd.)	WILSON'S CORNER STORE	PETER'S MARKET

parents on public assistance, which is administered through OTDA; and

- State takeover of the funding and administration of Temporary Assistance for Needy Families (TANF) and food stamps.

These are some of the structural reforms that counties have been calling for during this financial crisis. We have pledged to partner with state leaders on reducing the cost of government and realigning the way services are provided in New York. We applaud the Assembly leadership for this bold proposal and we look forward to working with them as they enact this smart government proposal.

SEPTEMBER "NATIONAL CHILDHOOD OBESITY AWARENESS MONTH"

- Late last week, the U.S. Senate passed legislation introduced earlier this year by U.S. Senators Kirsten Gillibrand (D-NY) and George V. Voinovich (R-OH) to designate the month of September as National Childhood Obesity Awareness Month - bringing national attention to a growing epidemic among youth in the United States. In addition, the resolution requests that the president issue a proclamation calling on the federal government, states, (Next Col.)

tribes and localities to observe September with programs that promote healthy eating and physical activity among all ages. The companion resolution, introduced by Rep. Marcia Fudge (D-OH), will now need to be approved in the House.

"Every New York child deserves the opportunity to reach their full potential. But too many of our children do not have access to the healthy, nutritious meals and exercise opportunities they need to get there," Sen. Gillibrand said. "I've worked hard since day one to rid our schools of the unhealthy foods that hold our children back, and give all schools and families the resources they need to provide healthy, nutritious meals in the lunchroom so our children can succeed in the classroom. I am pleased to partner with First Lady Obama and my colleagues in Congress in this effort. I look forward to continue working with all of them to address this crisis and ensure the health of our future generations."

"We should do all we can to reduce childhood obesity. Everything from education, exercise and eating right, to having healthy patient-doctor relationships," Sen. Voinovich said. "I am concerned about the health of kids in our country, especially in some of the rural areas of Ohio. We need a public-private partnership to tackle the obesity crisis and the unhealthy lifestyles that are contributing to the growth of health care costs in America."

"If we coordinate existing efforts around (Next Col.)

childhood obesity, just once a year, that momentum could lift us year around. My simple idea has given birth to this resolution, now sponsored by 64 national organizations, and championed by my passionate colleagues in the Senate--Senators Gillibrand and Voinovich," said Rep. Marcia L. Fudge (D-OH). "I'm proud they added this to their existing work on childhood obesity. Activities planned in September, after the House passes this resolution, are important steps to improving kids' wellness and educating families about how to live healthier."

Both senators are pleased that First Lady Michelle Obama is making childhood obesity one of her top priorities. Sens. Gillibrand and Voinovich look forward to working with the White House, administration and other interested parties to reduce childhood obesity. Since the mid-1970s, obesity rates in the United States have increased dramatically for both children and adults, raising concerns about the implications on the health of Americans. The Centers for Disease Control and Prevention estimate the annual expenditures related to overweight individuals and obesity to be more than \$264 billion - exceeding the cost of tobacco-related illnesses. In addition, spending on health care in the United States reached \$2.2 trillion or \$7,421 a person in 2007, or 16.2 percent spending share of gross domestic product - the largest share ever.

CONGRESSIONAL DELEGATION TO VISIT EARTHQUAKE STRICKEN HAITI TRIP TO FOCUS ON PLIGHT OF ORPHANS AND FAMILIES

WASHINGTON - U.S. Senators Mary L. Landrieu (D-La.) and Kirsten Gillibrand (D-N.Y.), and Representative Eleanor Holmes Norton (D-D.C.) will travel to Port-Au-Prince, Haiti, TODAY, Monday, April 5, to learn more about the plight of Haitian children, particularly those who have been separated from their families.

Monday's trip will include a meeting with President Rene Preval and the First Lady Elisabeth Preval, as well as Minister of Social Affairs, Yves Cristallin. The day will conclude with a visit to the Rose Mina Orphanage to see firsthand the conditions facing orphans throughout Haiti.

The Members of Congress will use their on-the-ground experience to guide policy decisions in assisting Haiti's government build innovative programs that focus on a child welfare system that serves children in and through families.



Daniel Pierce Library

HOURS:
Tuesdays & Thursdays - 11 a.m.-9 p.m.
Wednesdays & Fridays - 11 a.m.-5 p.m.
Saturdays 9 a.m.-5 p.m.
Closed Sundays and Mondays

The Library Board of Trustees meets at 7:30 p.m. on the third Wednesday of each month.
On occasion, a meeting date is changed. Please call ahead to confirm.
845-985-7233

Time and the Valleys Museum has copies of every **Townsmen** printed since the beginning in loose-leaf binders classified by year for anyone to research. For further information, contact the historian's office in Grahamsville at 985-2262 x313, e-mail: historian@townofneversink.org, or visit www.timeandthevalleymuseum.org

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Two Bedroom Apartment in Grahamsville. Upstairs with balcony, \$500.00 a month plus security. No pets. Available immediately. (845) 985-7411.

Cabin on rural road. One bedroom. \$500.00 a month plus security. No pets. Available April 15th. (845) 985-7411.

Upstairs one bedroom, heat and hot water included. Beautiful river view on Davis Lane in Grahamsville. \$600 a month, available to move into. Call 845-985-2686-845-796-6319.

HELP WANTED

Help Wanted - Grahamsville Deli. Call 985-0107 tf

ANNOUNCEMENT

The following position is available at **Tri-Valley Central School** for 2009-2010: **Grounds Maintenance Worker I** - Interested parties should submit letter of interest or application to:

Jesse Bell, Buildings and Grounds Department
Tri-Valley Central School District
34 Moore Hill Road
Grahamsville, New York 12740
(845)985-2296 ext. 5317

Cut-off date for receiving applications/letters of interest: April 9, 2010

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Denning Democrats

On the Local Scene & On The National Scene

We the People: A Forum to Defend Democracy
Sunday, April 18, 2010 4:00pm - 5:30pm SUNY New Paltz, Lecture Center 100 A forum to educate and mobilize citizens to counter the recent Supreme Court decision (Citizens United v FEC) that overturned a century of law and which now allows unlimited corporate contributions towards influencing our elections. President Obama said, "This ruling strikes at our democracy itself" and called it a victory for special interests at the expense of the people.

The Honorable Maurice Hinchey (NY CD22) will be the keynote speaker. His talk will focus on the need for publicly financed elections to restore voters as the center of the electoral process.

The panel of experts will include: Margery F. Baker, Vice President of People for the American Way, John Bonifaz, Director of Free Speech for People and Legal Director of Voter Action (Free Speech for People is a consortium of public service organizations including Public Citizen, Center for Corporate Policy, Voter Action, and more) o Joan D Mandel, PhD, Executive Director of Democracy Matters. Be on the ground floor of a grassroots movement to fight this Supreme Court ruling. This appears to be the first forum of its kind in the country. Leave with action steps, resources, connections, and new hope! The forum is free to the public. Donations will be accepted at the door. Preceding the forum a week earlier, will be a "Defend Democracy" rally on Saturday April 10th from 12:30-1:30 in front of the Elting Library in New Paltz. At that event will be street theater, musicians, and people standing in opposition to the ruling. Signs will be provided, or people can make their own. All are welcome! The event will be videotaped and posted on You Tube to generate excitement for the Forum.

Sponsored by the Hudson Valley Progressive Coalition, Ulster County Move On Council, SUNY New Paltz, Democracy Matters, and the Ulster County Democratic Committee. For more information, please contact Barbara Upton: anahatasun@aol.com

This is YOUR Democratic Party Have a suggestion for Denning Dems or want to work on the polls as an Election Inspector or with the committee? - call 845 985 0501 email: denningdems@yahoo.com, Democratic Committee Chair Frank Comando



Jeffersonville:

- **NEW** Wisteria Farm: Elegant property with guest hse, pool, pond, views, large barn on 23 private acres. \$1.299m
- 4 bed/2.5 bath single fam home + two 1 bed/1 bath apts in adjacent bldg. In quiet section of Jeffersonville Village. \$249k

Grahamsville/Claryville:

- **NEW** The Lodge: Super for entertaining. 3 bed/2 bath, 3+ acs with Great Room, open plan kit/din/lounge. \$269,000
- **NEW** 15+ peaceful acres at end of dead end road, partially cleared to enjoy views. Adjacent to YMCA land. \$120,000
- 3 bed/1+ bath farmhouse on 1 ac with stream. Beautiful floors, deck, views. \$159K
- **REDUCED:** Renovated 3 bed/1 bath farmhouse with spur off the Neversink on approx. 1 acre \$275k
- Quiet, pretty, level 1 acre, buildable lots. \$22,500
- 3 bed/2 bath restored farmhouse on 1.3 acs with dramatic ultra-modern addition, fine fixtures \$395k
- **RENTAL** Elegant 4 bed/5 bath home on 150 acre estate with Neversink frontage. \$1,900/mo + utils.

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Knarf's "Classic Movie Trivia"



Judgment At Nuremberg a 1961 "classic" filmmaking experience that proves to be one of the best, with unforgettable performances by so many of the greatest actors ever to make the stars glisten, by gracing the silver screen. In this cast at their best are: Spencer Tracy, Burt Lancaster, Richard Widmark, and Marlene Dietrich, and many more leading actors.

Spencer Tracy plays Judge Hayward, an aging American judge that presides over the trial of Nazi war criminals in post war Nuremberg. In addition, Montgomery Clift in one of his greatest roles, portraying Rudolf Petersen a victim of sterilization who was castrated supposedly because of mental incompetence, but Haywood, determined to stand for "justice, truth, and the value of a single human being, ponders his decisions deeply. Dir: Stanley Kramer BW-179 mins, rated TV-14 on TCM, Saturday April 10, 2010 at 8:00 pm

Quiz:

A. Name actor who played Captain Byers?
B. What is the name of the actor that delivered a superb performance as the character Ernst Janning

What's going on in the Gnome Gneighbourhood™ this week?

It's World Tai Chi & Chi Gong Day.

The Catskill Martial Arts Academy will be celebrating World Tai Chi & Chi Gong Day on Sunday April 25, 2010. **The Catskill Martial Arts Academy** is offering Free Lessons in **Tai Chi** on that day. Classes open for instruction from 11:00 am-12:00 pm for all ages, and from 1:00 pm-2:00 pm for children, then from 3:00 pm-4 pm for adults. In addition, classes will be offered for all ages once again at 4:00 pm to 5:00 pm for your convenience. Knarf the Gnome (who is very old) believes that this kind of exercise is a wonderful way to stay young, healthy, and if you are young and healthy this is a great way to build physical strength by toning, discipline, and helping to build self confidence, qualities that are so necessary for an individual to achieve success in today's world. If you care about your mind, and body visit Grand Master Donald Belsito Sr. at **The Catskill Martial Arts Academy**, 1175 Route 52 Loch Sheldrake NY on April 25, 2010. For more information call, 845 423 9497, or visit the web <http://www.catskillmaa.com>

There are still some wonderful buys at Grahamsville Hardware, a store that was first opened in 1869, will be closing. Our good friends Carol and Paul Lagueux will be opening on Saturdays from 8:00 am to 4:30 pm. All inventory is on sale, and can be purchased at great savings. Carol and Paul can be reached at their home phone 845 985 7387

Please remember, the fax number for the townsman has been changed to 845 985 0501.

Have a Great Day!

Knarf Odnemoc

Gnome

ANSWER TO KNARF'S MOVIE TRIVIA

A. William Shatner
B. Burt Lancaster